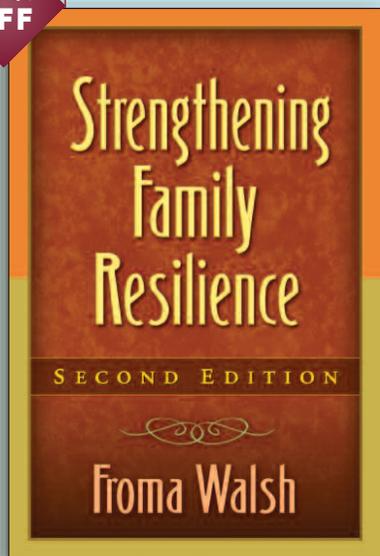


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and clear-cut, reasonable structure and limits. Researchers emphasized that if parents are unable to provide this climate, relationships with other family members, such as older siblings, grandparents, and extended kin, can serve this function. Moreover, shared belief systems transmitted through family interactions are powerful influences in resilience. Adaptation to crisis events and disruptive transitions is influenced by the meaning of the experience, which is socially constructed.... Resilient children in troubled families often actively recruit and form special attachments with influential adults in their social environment. They learn to choose relationships wisely and tend to select spouses from healthy families.

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ABOUT THE AUTHOR



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Psychiatry, Pritzker School of Medicine, and is Codirector of the university-affiliated Chicago Center for Family Health.

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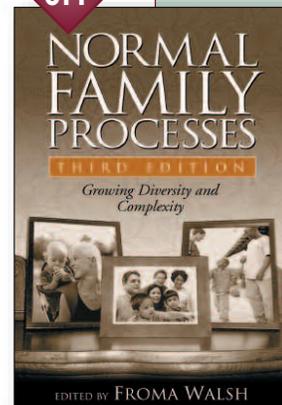
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